



School Spotlight

**“Having dedicated time for students to work on MyCAP has been KEY.” -
Christina Calderon, Head of Guidance and Student Development Counselor**

At English High School, teachers and staff have integrated MyCAP discussions into the school’s culture with dedicated class time for students in both middle and high school grades to explore college and career development. English High School wants to grow awareness of MyCAP within the classroom through related curriculum, as well as family and college partner engagement with events, like Open House and Junior Family Night.

Milestone: 93% of 7th graders and 90% of 8th graders engaged in at least one MyCAP experience during the 2022-2023 school year.



English High School





School Spotlight

“Students really enjoy the one-on-one interviews. It gives them a chance to be seen and provides an opportunity for reflection and integrating some of the things they’ve learned about themselves throughout the year.” – Jenn Lillis, Career Pathways Coordinator

At Burke High School, teachers and staff have integrated MyCAP career development activities into the pathway selection process. Burke added an elective exploratory course for students to rotate through each of their pathway options – where they can see a guest speaker or attend a field trip with an industry or community-based partner. As part of this course, 9th graders have an opportunity to participate in a one-on-one interview with a staff member or community partner to reflect on their 9th grade MyCAP experience.

Milestone: 81% of 10th graders, 78% of 11th graders, and 86% of 12th graders engaged in at least one MyCAP experience during the 2022-2023 school year.



Burke High School



School Spotlight

“Edvestors provided a grant to train teachers to develop MyCAP lessons within their area of content. We spent the resources provided on Naviance training, lesson development, planning and support.” - Jodi Then

At Boston Green Academy, teachers have designed new lesson plans to implement MyCAP into their content standards and instruction. Teachers work together to present and fine tune plans prior to engaging with their students – and share best practices for the future. In addition to designing lesson plans, Boston Green Academy works closely with community partners, such as EdVestors, PIC and Boston University to help students throughout the MyCAP process.

Milestone: 91% of 8th graders, 88% of 9th graders, and 93% of 10th graders engaged in at least one MyCAP experience during the 2022-2023 school year.



Boston Green Academy





School Spotlight

“I love how the MyCAP curriculum helps students focus on their academic/college and career planning, career development, and personal and social identity.” - Chrissy Soares-Fernandes, Personal Growth Teacher at TechBoston Academy

At TechBoston Academy (6-12), Chrissy Soares Fernandes developed a unique, interactive activity to incorporate MyCAP discussions into the classroom. Specifically, she helped her students create vision boards to learn and understand their sensory and mindset preferences – and ultimately, develop a study practice. Following the exercise, students reviewed their findings and wrote their teachers a letter to inform them of what they needed to succeed in class. As TechBoston’s Personal Growth lead for middle school grades, Chrissy continues to lead classroom lessons in self identity, self advocacy and personal/career interests through MyCAP.

Milestone: 87% of 8th graders engaged in at least one MyCAP experience during the 2022-2023 school year.



TechBoston Academy (6-12)